BUSINESS ADVERTISING



AUGUST 2024



LOOKING OUT FOR ANOTHER



CRAFTS & GIFTS









CRAFTS & GIFTS







<u>Markets</u>



Plumstead Presbyterian Church Car Boot Sale

25 Victoria Road, Plumstead



Every Saturday morning

8am to 2pm

There is something for everyone

60 different cars with all their exciting stock

some new.....some second hand

Cost for traders: R100 per car

Queries: whatsapp 064 590 1186

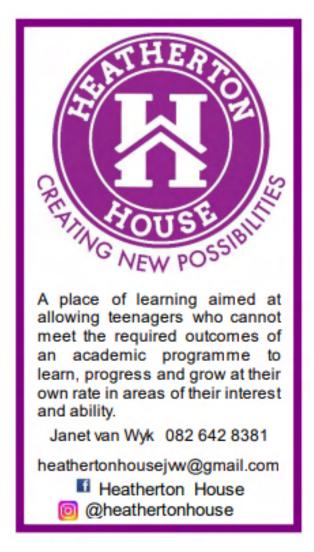
Updated: February 2023



EDUCATION & TUTORING









HOLISTIC CARE







I am a counsellor & life coach.

I offer affordable in-person
and online counselling for
individuals and couples of all
ages.



Are you struggling with stress, relationship issues, parenting, trauma, depression, anxiety, bereavement, anger or just needing someone to talk to without being judged?



Please contact me, Linda, on 0760169665

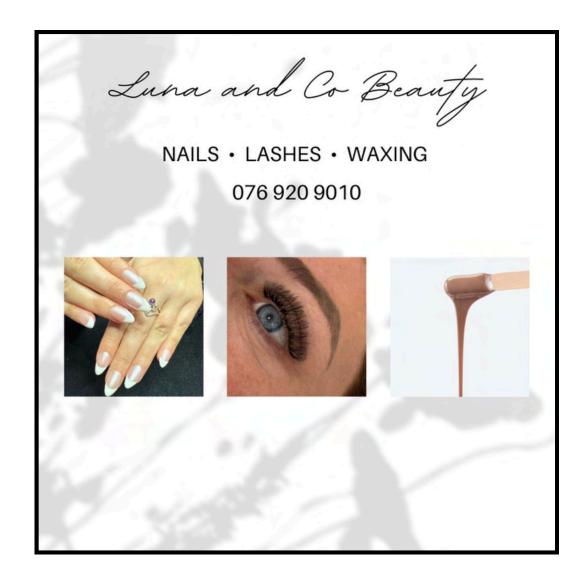
I'D LIKE TO HELP 🤝





HOLISTIC CARE







SOCIAL



LET'S GET SOCIAL WITH HEATHERTON

With Heatherton House expanding, we have started a Social Group aimed at neurodiverse young adults between the ages of 19 and 23. It is held on Friday mornings from 9am-12pm.

For more information contact Janet or Lara at heathertonhousejvw@gmail.com or on 082 642 8381



- @heathertonhouse

SAARP CONSTANTIA

Good day,

We are inviting all people over 50 years of age, to join SAARP (S A Association of Retired Persons)

We meet every 4th Tuesday of the month at Plumstead Bowling Club, Princessvlei Road, Plumstead

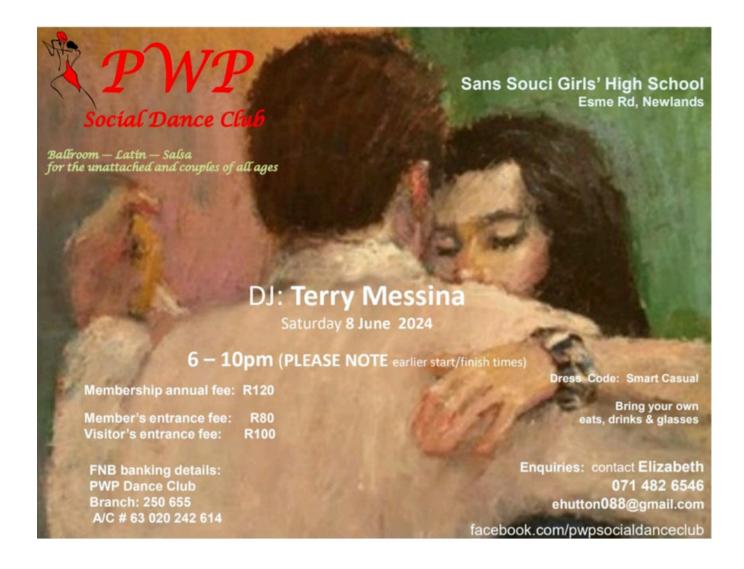
From 9-11:30am.

Entertainment: R10 for Members & R15 for Guests. Contact Adelaide Ruthenberg at 083 621 0491.



SOCIAL







SOCIAL





Hall for Hire

Workshops
Bazaar
Kiddies'parties
Awards evenings
Braai facilities available

R1750 per event

For more information please contact plumsteadtennis@gmail.com

https://www.plumsteadtennisclub.co.za/



MEDICAL



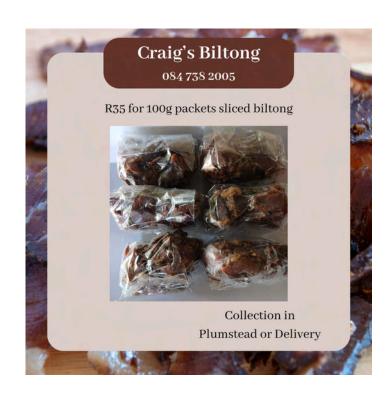




FOOD & BEVERAGES









FOOD & BEVERAGES





The Vision for a Nourished South Africa

We can feed 4 adults with a nutritional, tasty meal for R45. There is an opportunity for Entrepreneurs to get involved.





PETS













CLEANING SERVICES AND DETERGENTS





ASHLEY'S HOME VALET

Since 1996

The Spring Cleaning - Home Management Specialists



- Owner Supervised Cleaning Services
- , All Chemicals and Equipment Provided
- Effective hygiene results
- b Pre and Post residence cleaning service
- Deep Cleaning / Sanitation / Household Drain Cleaning
- & Carpet / Upholstery / Mattress Cleaning

Have the Cleanest House in your Neighbourhood

Contact Dudley for a FREE Quote

083 626 0827 / ashleyshomevalet@gmail.com



MAINTENANCE & REPAIRS









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TECHNOLOGY

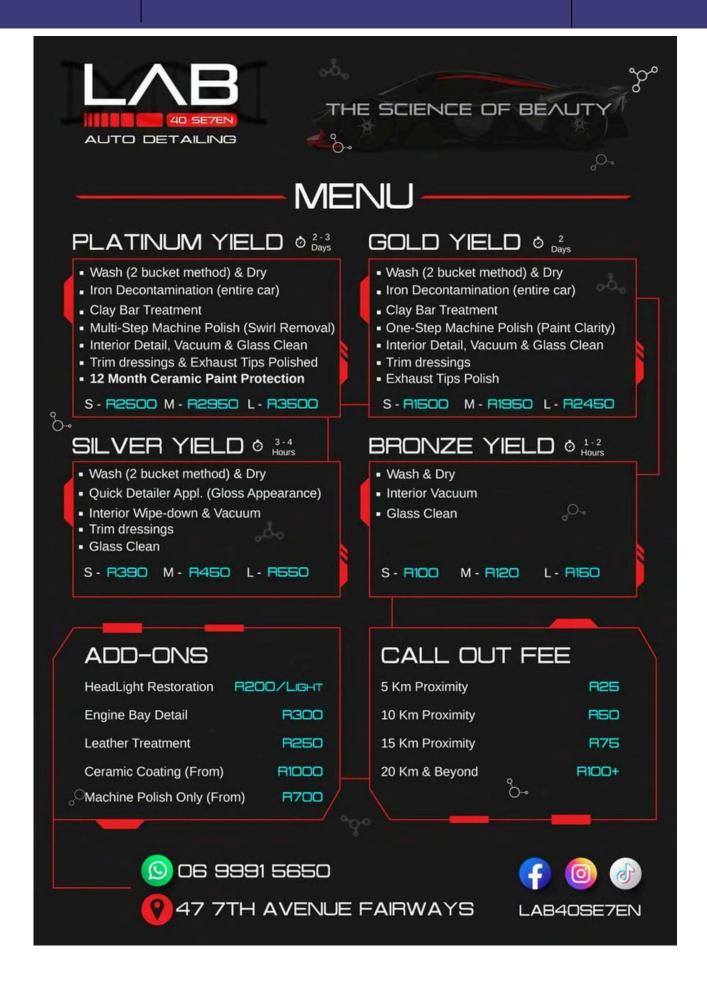






MOTOR VEHICLE



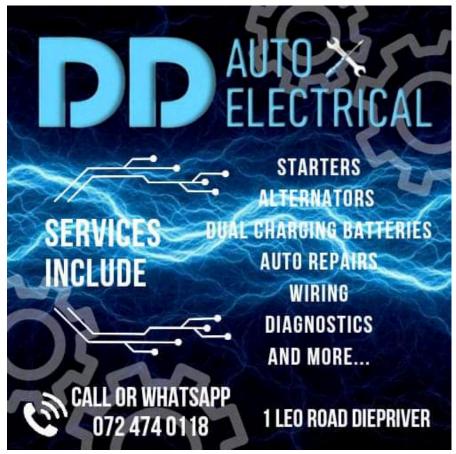




MOTOR VEHICLE

































BOOKKEEPING



MS BOOKKEEPER

maureen slabber

20+ years experience Bookkeeping to Trial Balance

> mslab50@gmail.com 082 567 1985



MISCELLANEOUS











<u>IMPORTANT INFORMATION</u>



<u>PNW website:</u> www.plumsteadwatch.org.za

Important contact numbers to be used in cases of emergencies/priorities:

CVIC: 0860002669

SAPS: 10111

CoCT Emergencies: 107

ER24: 084-124

Law Enforcement: 021-4807700