

PNW Monthly Business Bulletin



"TOGETHER WE CAN FIGHT CRIME"



PNW Monthly Business Bulletin

This is a monthly business bulletin for all Plumstead residents.
Free to advertise.

Please email your advert to **socialmedia@mypnw.org.za** or alternatively whatsapp **072 312 4479** with your advert.

Advertisement format - Jpeg or Png

If the same advertisement is to be repeated in all upcoming issues, then there is no need to send it every month. It will automatically be published.

Please ensure your advert is sent in before the 10th of every month if it is to be included in the month's issue. Otherwise, it will be posted in the next month's issue.

Donations are always welcome to help with the running of the Neighbourhood Watch.
No matter the amount, it helps us to keep your neighbourhood safe.



BANKING DETAILS

FNB Gold Business Account

Acc No: 6314 639 8705

Branch: 255355

Swift Code: FIRZAJJ

plumsteadwatch.org.za



Know your

Neighbours



Safer streets start with neighbours who know and support each other.

This week we encourage every resident to:

- ✓ Introduce yourself to at least 2 neighbours
- ✓ Exchange contact numbers
- ✓ Join your street WhatsApp group
- ✓ Keep an eye on each other's homes

Together we are stronger.

Be the eyes and ears for our community.

– Plumstead Neighbourhood Watch

Building bonds beyond fences



DadsFam will be donating **R10** of every item sold to Plumstead Neighbourhood Watch.

PNW will allocate all donated funds for operating the watch, covering expenses such as:

- Contribution to CVIC (*Control Centre support*)
- Camera Project
- Development of a new website
- Accounting Fees

And more.....



R10 will be donated for every item sold!

www.DadsFam.co.za

Plumstead Neighbourhood Watch (PNW)

“Be the eyes and ears of the community. Together, we can combat crime.”

The Plumstead Neighbourhood Watch collaborates with local security companies, the South African Police Service (SAPS), and law enforcement agencies to enhance the safety of our neighbourhood. PNW serves as the vigilant eyes and ears of the community, working collectively to ensure a safer environment for all residents.

Gifts & Crafts




Gifting
 Personalized T-shirts,
 mugs and glasses
 Coasters
 Labels
 and Sooo much
 More





BALDEN
Tamaryn Balden
CREATIONS
 064-650-4432


Phone Manneltjes
 Receiving a call about petrol price increase




Money Manneltjes
 Counting their new travel costs




The Comfort Manneltjes
 Realizing their travel will cost too much



Fitness Manneltjes
 Getting ready to walk everywhere





Admin Manneltjes
 Time to budget for next month

The petrol price increase effects

Manneltjes
 R35 - R40 each
 Contact Maxine
 0723124479

Gifts & Crafts



CrEaTIVE COUNSELLING
Journal Prompt Boxes

inside:
32 journal prompt stickers
36 decorative stickers
1 quote
extras :)

Journaling towards a healthier me!

Personal Identity
Personal Care & Appreciation
Personal Reflections
Personal Growth
Personal Stress
Personal Relationships
Personal Fears
Personal Boundaries
Personal Motherhood
Personal Reflections
Personal Relationships
Teen girl
Teen guy

R60 each
To order:
Whatsapp Linda
0760289665

DO YOU WANT HOT FOOD
AND NO BURNT HANDS?

**BOWL WARMERS WILL NOT LET YOUR
HANDS BURN.**

R60 EACH

MANY PRINTS TO CHOOSE FROM.

BERNADETTE 071 612 2632

Markets



Plumstead Presbyterian Church Car Boot Sale

25 Victoria Road, Plumstead



Every Saturday morning

8am to 2pm

There is something for everyone

60 different cars with all their exciting stock

some new.....some second hand

Cost for traders: R100 per car

Queries: whatsapp 064 590 1186

Updated: 7 February 2023



TIMOURHALL VILLA'S

CAR BOOT MARKET

PLACE: **INTERNATIONAL POLICE ASSOCIATION**

Timourhall Road cnr St. Joan's Road
Plumstead

DATE: ***EVERY SATURDAY UNTIL
FURTHER NOTICE***

TIME: From : 07:00am – 14:00pm

PRICE: R80 to Trade R110 with Trailer

***JOIN US ON THE GROUNDS OF AN HISTORIC BUILDING UNDER A
LOVELY TREE SETTING***

FREE* ENTRANCE AND SAFE OFF STREET PARKING FOR CUSTOMERS


ALL WELCOME

For further details contact
SAMANTHA – 0824608033
VIV – 0834762550





NO DOGS ALLOWED
NO FOOD OR BEVERAGES ALLOWED BE SOLD

Education & Tutoring



A place of learning aimed at allowing teenagers who cannot meet the required outcomes of an academic programme to learn, progress and grow at their own rate in areas of their interest and ability.

Janet van Wyk 082 642 8381
heathertonhousejw@gmail.com


 Heatherton House
 @heathertonhouse



CHILDREN'S PARADISE
Educare Centre
35 Melville Road, Plumstead
Phone Natalie Goosen - 076 154 5436 / 021-761 0674

We are the best extension from home to a loving, happy family environment. A child's happiness - parents' peace of mind.
- 07:00am - 5:30pm - Children from 18 months to 6 years


Suffer the little children to come unto Me, for such is the Kingdom of Heaven
www.connectingkidz.co.za/childrensparadise



TUTORING & HOMEWORK HELP
GRADE 4-9

ENGLISH HOME + ADDITIONAL AFRIKAANS ADDITIONAL NATURAL SCIENCE & TECHNOLOGY SOCIAL SCIENCE

Qualified teacher offering expert assistance with **TUTORING & HOMEWORK** for both remote and in-person sessions.
Southern Suburbs of Cape Town Only



JUSTIN DE VOS
CONTACT:
084 208 2166
devos.justin@gmail.com

THE MATHS TUTOR

Grades 8-12, 1st year Mathematics

Online classes

- Zoom or WhatsApp.

Lesson - R150/hr

- 1 hour lessons



What is offered?

- Personalised tailored online tutoring lesson
- Homework exercises and answers
- Extra examples
- Notes and summaries
- Additional tips to solving problems

Contact details 

Please WhatsApp Reuben: 064 923 5094
(BSc: Mathematics and Applied Mathematics)

Opportunities, Careers, Guidance



Providing opportunities and skills development for Neurodiverse young adults

"Cottage Collective" is an initiative designed for older students, our 'Cottagers', who have progressed beyond their initial education and are transitioning into adulthood.

This initiative focuses on providing work and social opportunities for these older students as they navigate young adulthood and its new challenges away from a school environment.

Cottage Collective runs from our premises in Morpeth Road, Plumstead for young adults 20 years and over and is currently available for 1, 2 or 3 days a week from 9am-1pm daily, with more days to be added where necessary.

For an application form and more information please contact Janet at heathertonhousejvw@gmail.com



Invest in yourself

cvprofessional3@gmail.com

CV R 650
LinkedIn R 790

Shine a spotlight on your
career with us in 2025

CV
PROFESSIONAL

The advertisement features a yellow background with a central illustration of three silhouetted figures standing under a spotlight. The figure in the center is wearing a suit and glasses and holding a briefcase. To the left, a hand holds up several resumes. The text 'Invest in yourself' is written in a cursive font at the top. Below it, an arrow points to the email address 'cvprofessional3@gmail.com'. A starburst contains the text 'CV R 650' and 'LinkedIn R 790'. At the bottom, the text 'Shine a spotlight on your career with us in 2025' is written, and the 'CV PROFESSIONAL' logo is in the bottom right corner.

Holistic



Rm *Rose Masseuse*
Massage & Hair Care
📍 26 Pluto Road, Plumstead
☎ 076-339-4849

Luna and Co Beauty
NAILS • LASHES • WAXING
076 920 9010



Swedish Bitters Tincture

Inspired by a centuries-old herbal tonic recipe, bitters can be used as a digestive aid, as a skin compress, and for general wellbeing.



📍 www.musetea.co.za 📱 @museherbs ✉ hello@musetea.co.za

We batch-produce our tinctures using imported and locally grown medicinal plants from reputable sources.

- warming & strengthening
- headaches
- hangovers
- arthritis
- sprains
- indigestion
- colds & flu
- anti-parasite
- stings & rashes
- toothache
- mouth ulcers
- loss of appetite

SHIMMER BEAUTY BAR
NAILS • WAXING • MASSAGE



BOOK NOW
10% DISCOUNT
FOR STUDENTS
& PENSIONERS

Facebook: Shimmer Beauty Bar Instagram: shimmer_beauty_bar Whatsapp: 072 2666 922

TAKE A BREAK BEAUTY SALON

HOME-BASED SPA & SALON

Pamper Yourself, You Deserve It!

Located in Sessel Road, Plumstead.

- ✓ Manicure and Pedicures
- ✓ Facial Treatments
- ✓ Massages
- ✓ Waxing

FOLLOW US ON SOCIAL MEDIA:
📱 f @takeabreakbeautysalon

BOOKINGS:
084 809 1432





HIJAMA CUPPING THERAPY

+ SERVICES +

DRY CUPPING.....R350
Dry suction for pain, arthritis, headaches, migraines, improves breathing and blood circulation and supports digestion

WET CUPPING.....R350
Wet suction for pain, arthritis, headaches, migraines, improves breathing, supports digestion and removes back tension

MASSAGE CUPPING.....R400
Combined massage and dry suction therapy to relieve tension, boost circulation, relax muscles and support lymph drainage

FACIAL CUPPING.....R350
Facial technique to lift, tone, reduce swelling and fine line and rehydrate skin

MOXIBUSTION CUPPING.....R250
Gentle heat therapy to improve circulation, support cardio function, and assist with menstrual balance and fertility

HYDRO CUPPING.....R350
Water based cupping technique to open pores, detox and hydrate skin and enhance oxygen flow into the body

FIRE CUPPING.....R350
Heat based cupping technique to open pores, detox and hydrate skin and enhance oxygen flow into the body

CELLULITE CUPPING.....R450
Targeted cupping therapy to break down cellulite, smooth skin, and boost circulation

LYMPHATIC DRAINAGE.....R500
Specialised cupping therapy to improve lymph flow and reduce fluid retention and swelling

CONTACT US VIA WHATSAPP
☎ 082 844 2241

SoleSister 

Advanced Footcare

063 693 3671

Please call Sabine to book your appointment

17 Coronation Ave Plumstead
sabine.eckardt1968@gmail.com

Holistic



East West Fusion's Best
247 Massage Therapy

THERAPEUTIC MOBILE MASSAGE INTERNATIONAL

- De-stress Head to Toe Massage (Excellent for Jet-lag - your whole body will feel lighter afterward)
- Sports Therapy Massage (Relief for aching muscles/spasms/pain after gym, cycling, soccer, rugby, sports)
- Swedish Classic Relax Massage (with elbows)
- Deep Tissue Massage (hard pressure massage)
- Chinese Pressure Point Massage - Chinese Back Walk - Ear Candling - Gua-sha (Skin Scraping)
- Indian Head Massage (Works the pressure points - excellent if you suffer from migraine headaches)
- Lymph Drainage (Helps to detox the body)
- Korean Cupping (Helps for aches/pains in the body caused by rheumatism, arthritis, spasms)
- Reflexology (Foot) Massage (Excellent for the whole body to help to heal itself)

Hours: 24/7 NB: THIS IS NOT A SEXUAL SERVICE! (Please book timeously to avoid disappointment)

Outcall rates:

30 min - R600 40 min - R700 60 min - R900 90 min - R1200

Mobile: +27(0)73 685 8839 **Email: melanienmobilmassageint@yahoo.co.uk**

Website: <https://247massagetherapy.co.za>

Thank you for your business!

Offering a positive experience while delivering quality and professional services to you!

SERVICES

- Mini Mani
- Mini Pedi
- Soft Gel Tips
- Lash Extensions
- Waxing

ABOUT

Luna and Co Beauty (previously known as Nails by Doms) was started in September 2020 which is a home based salon situated in Timour Hill Southern Suburbs. We offer a range of beauty services which is growing yearly. To find out more or to book an appointment contact Dominique on **076 920 9010**

FIND US ON SOCIAL MEDIA

- Luna and Co Beauty
- Luna and Co Beauty

SCAN ME

DOMINIQUE MOLLER
Beauty Therapist

Luna and Co Beauty was originally known as a hobby and slowly grew into the lovely salon business.

CrEaTiVe COUNSELLING



I am a psychological counsellor.
I offer **affordable in-person & online** counselling for **individuals and couples of all ages.**



Are you struggling with stress, relationship issues, parenting, trauma, depression, anxiety, bereavement, anger or just needing someone to talk to without judgement?



Please contact me,
Linda, on 0760169665
I'd like to help



021 761 1557
42 Southfield Rd Plumstead

Fitness



OGKK
Authentic Okinawan
Goju Ryu Karate

Give your child the opportunity of an exciting journey of growth, confidence, & discipline with our Karate Lessons for Kids!

Self-Defense Skills
Focus and Discipline
Respect and Integrity
All kids from 5 yrs old

Class times: **Tuesday & Thursday from 5:00 to 6:00 pm**

JOIN NOW

073 600 7865
2nd Plumstead Sea Scout Hall - 33 Melville Rd, Plumstead

Bless Your Body

Ladies only Group Personal Training

A safe space for women to destress and transform

Only R499 pm

Tuesday & Thursday

5h30 pm - Fresh start (beginners)
6h30 pm - Blossoming (Intermediate)

Southfield Library
Cnr Casino & Victoria Road, Plumstead

Message/Call - **0837609616** for sign up link

Fitness



ADULT KARATE CLASSES

"YOU CAN HAVE ANY COLOUR AS LONG AS IT'S BLACK."
- Henry Ford

IT MATTERS

JION
MARTIAL ARTS ACADEMY

LEARN KARATE WITH US - 1 WEEK FREE - WhatsApp 084 515 4722

JUSTICE - COURAGE - KINDNESS - POLITENESS - HONESTY - RESPECT — LOYALTY - SELF CONTROL

SPECIAL OFFER

SPECIAL OFFER ON SIGNUP!
FREE KARATE SUIT

CRUSHING LIMITATIONS

Book 2 FREE Classes NOW!

Call 084 515 4722

Event Hires



Plumstead Tennis Club

24 Victoria Road, Plumstead

Hall for Hire

Workshops

Bazaar

Kiddies' parties

Awards evenings

Braai facilities available

R1750 per event

For more information please contact

plumsteadtennis@gmail.com

<https://www.plumsteadtennisclub.co.za/>

SAARP CONSTANTIA

Good day,

We are inviting all people over 50 years of age,
to join SAARP (S A Association of Retired Persons)

We meet every 4th Tuesday of the month at
Plumstead Bowling Club, Princessvlei Road, Plumstead

From 9-11:30am.

Entertainment : R10 for Members & R15 for Guests.

Contact Adelaide Ruthenberg at 083 621 0491.

Children



2nd Plumstead Sea Scouts

2024
3rd Place Troop in the Western Cape

ALL ON FRIDAYS

MEERKATS : AGES 5 - 7	17:30 - 18:15
CUBS : AGES 7 - 11	17:00 - 18:30
SCOUTS : AGES 11 - 18	19:00 - 21:30

WHEN : 33 MELVILLE ROAD PLUMSTEAD

FOR A FUN AND LEARNING DAY
GILLY - 0834470874

AI for kids. Made by parents.



Hachi

How? What? Why?



SCAN ME

<https://hachi.bot>



SOCCER SUNDAYS

TERM 3
JULY 22 - OCTOBER 3

Held at: Meadowridge AFC
Every Sunday 09h30 - 11h00

R1850 (save R1150) or
R300 per session

We also do soccer parties



WHY CHOOSE US?

- Improve your child's confidence
- Coaches in a different league
- Small class to coach ratio
- Safa licenced coaches
- Proven track record since 2018

0749259780

www.thesurburbservices.co.za

Save the Planet



SHREDDING

OLD DOCUMENTS LYING AROUND?
NOT SURE HOW TO DISPOSE OF YOUR PRIVATE PAPERWORK?
SHREDDING IS THE ANSWER!

HEATHERTON HOUSE WILL SHRED ALL OF YOUR UNWANTED DOCUMENTS.
IT IS CONFIDENTIAL, COST EFFECTIVE AND ENVIRONMENTALLY FRIENDLY.

COST:
R50 PER SHOPPING BAG OF PAPER

CONTACT JANET

082 642 8381

Heatherton House

@heathertonhouse



CREATING
NEW POSSIBILITIES



P.P.G Recyclers & Waste Solutions

We offer a 100% end to end solution for your recycling
#Yellowbags

FREE RECYCLING COLLECTION SERVICE

 <p>Electronics: All types eg: laptops, keyboards, monitors, TVs, wires, plugs.</p>	 <p>All metals: Ferrous and non ferrous metals. eg. taps, bicycles, car parts etc All metals & appliances, regardless of the condition.</p>	 <p>All types of glass: glass bottles and glass jars.</p>
 <p>Cardboard/paper: eg. books, newspapers and milk cartons.</p>	 <p>Plastics with the recycling logo or the numbers 1, 2, 4 or 5.</p>	<p>Things we don't accept: Egg cartons, CD, DVDs, VHS tapes, porcelain, mirrors, windows, cat & dog food bags, polystyrene, chips packets, punnets.</p>

 ppgreyclers@gmail.com

 [ppgreyclers](https://www.facebook.com/ppgreyclers)

 077 446 5231
061 839 0530

 077 446 5231

Medical



MR NAPPIES 

Adult Nappies
Wet Wipes
LINEN SAVERS

 **Whatsapp Shaun 082 729 9581**
Collection in Plumstead

 **ATLANTIC**
MEDICAL RESPONSE 

We're excited to announce that, as part of our efforts to enhance service delivery through technical upgrades, our Emergency phone number has now changed to 021-010-9151.

Please update your records accordingly, and don't hesitate to reach out to us at our new number for any assistance or inquiries.

We look forward to continuing to provide you with excellent service.

Thank you for your understanding and support!

021-010-9151

ENROLLED AUXILIARY NURSE

MAXINE LEIBOWITZ

Provides high quality community based care for the Elderly.

- Post-Op Care
- Day Carer
(Flexible hours)
- Hourly companionship
- Daily or Weekly vital observations
- Stoma Care
- PEG Feeding
- Wound Care



CONTACT MAXINE:

072 3124 479

Food & Beverages



CHEF IN MOTION



TAKE THE HASSLE OUT OF COOKING AND LEAVE IT TO A PROFESSIONAL CHEF.

DAILY HOME COOKED MEALS INCLUDING LOW CARB AND VEGETARIAN OPTIONS DELIVERED TO YOUR DOOR.

ADDITIONAL OFFERINGS:

- DINNER PARTIES
- PLATTERS
- WEEKEND MEALS
- CUSTOM DESIGNED MEALS FOR SPECIAL OCCASIONS

CONTACT: SHAUN
CALL/WHATSAPP 079 456 1522
EMAIL CHEFSHAUNV@GMAIL.COM

FIND US ON FACEBOOK: CHEF IN MOTION



Food & Beverages



PIRATES *More than a meal...* STEAKHOUSE AND PUB **Open 24hrs Daily**

R120 Lunch Specials
Dine in only
Available Daily from 12noon till 5pm

250g Rump Steak Chicken Schnitzel
Steak Egg & Chips Calamari Steak Strips
Beef or Chicken Burger topped with a Sauce

All main meals served with a side of your choice

Additional Dine in Lunch Specials
Pork Belly Ribs 400g for R170 & 700g for R240
Large Thin Based Pizza of your choice for R130

T & Cs apply



FOOD SOCK
NUTRITIONAL - CONVENIENT - TASTY - AFFORDABLE

The Vision for a Nourished South Africa

We can feed 4 adults with a nutritional, tasty meal for R45. There is an opportunity for Entrepreneurs to get involved.

In the face of escalating poverty and hunger in South Africa, one innovative solution is making waves - the Food Sock. Born out of the vision of Carl van Blerk, a George local who saw the growing need for an affordable, convenient, and nutritional meal solution, Food Sock is more than just a meal—it's a revolution in addressing food scarcity and malnutrition.

info@foodsock.co.za
+27 71 427 5638
www.foodsock.co.za

Our Fur-babies



MAXINE'S
HOUSE & PET SITTING

072 312 4479

Exquisite

House & Pet Sitting



Contact SHIRLEY
083 596 5444
for your peace of mind



BIZZIBABS
www.bizzibabs.com

ONLINE PET STORE

PACK YOUR BAGS

**DOGGY DAY CARE
& BOARDING**
SOUTHFIELD, CAPE TOWN

MONDAY - FRIDAY, 7:30am to 6pm
Call Jenny 0795164487

Animal Lovers

Friendly & professional service from Home Maintenance by Clive.

For a kitty or doggy door contact Clive

Before | **After**

Contact
0823552953

Home Maintenance by Clive

Transport



**TRANSPORT AVAILABLE FOR THE FOLLOWING
SCHOOLS**

**TIMOUR HALL PRIMARY
WESTCOTT PRIMARY**

AREAS

**CONSTANTIA
DIEP RIVER
MEADOWRIDGE
PLUMSTEAD
SOUTHFIELD**



Contact Ayesha on 079 087 5786



**SHELL'S
ALTERATIONS**
082 566 4569

**CURTAINS HEMS SEAMS ZIPS
SEW AFFORDABLE**

MEL'S SEWING SERVICES



WE SPECIALIZE IN THE BELOW:

- Jeans/pants zip replacements R75
- Jacket zip replacements R150
- Shortening of pants R60
- Dress shortening unlined R70
- Tapering pants R65
- Tapering dress R75
- Shortening of curtains (quote on request).
- Altering of clothing
- Dressmaking
- Make scafter cuthions couch cushion covers etc.

Please contact/whatsapp Melanie:

0780946843

**4 Solum flats (second floor) Gabriel road Plumstead.
The grey flats opposite the road of Constantia Wine Craft.**

Cleaning Services & detergents



ASHLEY'S HOME VALET
Since 1996

FREE QUOTE

The Spring Cleaning
Home Management Specialists

Owner Supervised
Cleaning Services

Contact Dudley
083 626 0827
ashleyshomevalet@gmail.com

FIREPLACE & CHIMNEY SERVICE

From removing hazardous creosote to repairing structural damage, we ensure your fireplace is not just a beautiful centerpiece, but a safe and efficient part of your home.

Why Choose Us?

- ✓ Full Chimney Sweep
- ✓ Safety Inspection
- ✓ Insurance-friendly proof of service

Book now
064 739 3238
Kirstin@firesweep.co.za

Visit Our Website
www.firewood4africa.co.za

Did you know, your chimney should be cleaned at least once a year!

THE CAPE CLEANING CREW

NO EXTRA COST
We offer free quote services and if you are not satisfied we will come back free of charge (with in a 3 day period)

EXPERIENCED TEAM
Our friendly and professional team are well experienced and hold themselves to a standard of excellence.

PRICE GUARANTEE
Unbeatable prices! Book our services online via our Website.

OUR SERVICES

- ✓ Carpet and Rug Cleaning
- ✓ Tile Cleaning
- ✓ Upholstery Cleaning
- ✓ Mattress Cleaning
- ✓ Drapery Cleaning
- ✓ Disinfecting and Sanitation
- ✓ Full Deep Cleaning

BOOK NOW!
☎ 063 305 8898
✉ ADMIN@THECLEANING-CREW.CO.ZA

Maintenance & Repairs



PROACTIVE PLUMBING
If Water Runs Through it, We Do It.
For all your plumbing needs, contact George on 079 727 0303

RELIABLE AFFORDABLE WORKMANSHIP GUARANTEED

ELECTRICAL FENCE SERVICES
Expert Electrical fence maintenance for your home and business!

Repairs on

- Fences
- Energizer
- Changing batteries

NEMTEK QUALIFIED

CONTACT: HOME MAINTENANCE BY CLIVE
0823552953

James 082 877 3051

High Pressure Drain Cleaning
BLOCKED DRAINS 10% Discount!

Replacement of Burst, Solar and Electric Geysers.

Burst water pipes & **leaking** taps
Washing Machines & Dishwasher installations
Geyser Wise Specialists
www.applebyplumbing.co

24 Hours Emergency Services

Jo3y's ELECTRICAL

WhatsApp **072 082 4883**

- Electrical Maintenance
- LED Lighting Installations
- CCTV Installations
- DB Board Upgrades & More
- Aircon Installation & Servicing

WE'LL DRAIN YOUR PROBLEMS AWAY

SMIFFS PLUMBING

PIRB REGISTERED
COCT REGISTERED



services

- 24 hour Call Out
- Installation/Maintenance
- Burst/Leak Pipes
- Blocked Drains
- Rain/Grey Water Systems
- Geysers/Heat Pumps
- Leak Detection
- Toilets/Basins/Showers
- Bathroom/Kitchen Renovations
- Handyman Services
- Tiling/Painting
- Ceilings

GET FREE QUOTE NOW!!!!



our promise

- ✓ On time
- ✓ Reliable
- ✓ Cost Effective
- ✓ Quality workmanship
- ✓ Happy Client

CONTACT US

- 021 487 11 21 or 074 899 59 96
- info@smiffsplumbing.co.za
- www.smiffsplumbing.co.za

CERTIFICATE OF COMPLIANCE (COC)



Stoep Startup

connect - work - collaborate


Looking for meeting space away from the city hustle and bustle?
Visit our beautiful Stoep Startup Coworking Space. Located in the heart of the southern suburbs.

- Boardroom, Training Room, Private Office, Coworking Space
- Hourly, half-day and full-day rates
- Available on weekends & evening
- Includes WIFI & conferencing facilities
- Budget friendly catering options available
- Attentive & friendly staff
- Tranquil garden for break-away groups & meetings



info@stoepstartup.co.za 021 797 6338 www.stoepstartuo.co.za
066 331 5089


PROPERTY WORKS



PROPERTY WORKS IS A COMPANY RUN BY A SINGLE OWNER, BOASTING MORE THAN 20 YEARS OF VARIED EXPERIENCE, A DEDICATION TO BRINGING DREAM VISIONS TO LIFE, AND A SHARP ATTENTION TO DETAIL.

OUR SERVICES

- Renovations
- Installation of Built-in Cupboards
- Maintenance
- Plumbing
- Roof & Paving cleaning
- Free Quotations



074 861 7885 propertyworks84@gmail.com Plumstead

CHISEL & OAK

COMMERCIAL AND RESIDENTIAL PROPERTY MAINTENANCE

YOUR GO-TO PROPERTY MAINTENANCE EXPERT!

OUR SERVICES INCLUDE:

- Painting
- Plumbing
- Gutter Installation
- Light Electrical
- Waterproofing
- Rubble Removal
- Windows (Alum)
- Small Load Moves
- Gutter Cleaning
- Garden Clean Up
- General Maintenance



Book Your Free Quote Today!

083 790 4144
chiselandoaks@gmail.com
Follow Us on Social Media: @chiselandoaks

SPRING SPECIAL
25% OFF
CODE: SPRING25

Home, Garden, Building



Top Carpets And Floors | 

Trusted Professionals. Expert Installations.



Constantiaberg
YOUR LOCAL TRUSTED EXPERT

Carpets • Artificial Grass • Laminates
Vinyl • Floor Sanding & Sealing
Blinds • Awnings • Shutters





021 797 1043 | carpets@topcf.co.za
130A Main Rd, Diep River, Cape Town.
www.topcarpetsandfloors.co.za

SLIDING DOORS

SERVICED & REPAIRED
SLIDING DOOR SERVICES

021 7972985

For YOUR SAFETY AND SECURITY

SIEGENIA and UNITAS lifting sliding doors our SPECIALTY
Your WELL SERVICED sliding door is your HOMES GREATEST ASSET
GUARANTEED WITH OVER 25 YEARS EXPERIENCE

RONAL Bathrooms SA



Please contact Dez Randall on 0790632262 for all your interior bespoke glass requirements.

We can supply & install:

- Shower Enclosures
- Kitchen Splashbacks
- Wine Rooms
- Balustrades (Interior & Exterior)
- Mirrors & Room Dividers



COOPER'S POOLS

Pool cleaning services

POOL CLEANING SERVICES BASED IN THE SOUTHERN SUBURBS

From R300 per service, which includes:

- Brush wall and steps
- pH & chlorine water tests
- Examine pool equipment & report faults, if any
- Backwash & rinse
- Vacuum debris
- Clear pool of leaves
- Cleaning pump basket

Available Monday to Sunday.
Weekly & fortnight plan options available.

We can also assist with

- Pool pump repairs and installation
- Filter sand / glass media changes

Tel: 076 958 4287
Email: cooperspools3@gmail.com

CROWSEN CREATIONS

ARCHITECTURAL PLANS & COUNCIL SUBMISSION (PART)



SU CROWSEN
SAGAP & CIA REGISTERED
SAS.UCT 92

CELL: 084 615 2192
WORK: 021 797 4583
EMAIL: LILYCREATIONS@LIVE.CO.ZA



colour your world

Property



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Vehicles



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MENU

PLATINUM YIELD

- Wash (2 bucket method) & Dry
- Iron Decontamination (entire car)
- Clay Bar Treatment
- Multi-Step Machine Polish (Swirl Removal)
- Interior Detail, Vacuum & Glass Clean
- Tire Dressings & Exhaust Tip Polished
- 12 Month Ceramic Paint Protection

S - R6500 M - R6650 L - R6800

GOLD YIELD

- Wash (2 bucket method) & Dry
- Iron Decontamination (entire car)
- Clay Bar Treatment
- One-Step Machine Polish (Paint Clarity)
- Interior Detail, Vacuum & Glass Clean
- Tire Dressings
- Exhaust Tip Polish

S - R6000 M - R6150 L - R6450

SILVER YIELD

- Wash (2 bucket method) & Dry
- Quick Detailer Appl. (Glass Appearance)
- Interior Wipe-down & Vacuum
- Tire Dressings
- Glass Clean

S - R500 M - R450 L - R550

BRONZE YIELD

- Wash & Dry
- Interior Vacuum
- Glass Clean

S - R200 M - R300 L - R500

ADD-ONS

- Headlight Restoration R600/L650
- Engine Bay Detail R500
- Leather Treatment R650
- Ceramic Coating (Front) R1000
- Machine Polish Only (Front) R700

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- 10 Km Proximity R50
- 15 Km Proximity R75
- 20 Km & Beyond R100

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